

# USA Club Rugby Sevens

## **KEY CONTACTS / INFORMATION:**

Senior Club Sevens Competitions Committee:

7s@usaclub.rugby

Senior Club Eligibility Committee:

eligibility@usaclub.rugby

## **National Championship Pathway.**

Senior Club Rugby Sevens page:

<https://usaclub.rugby/7s/>

## **Club and Player Eligibility.**

Senior Club Eligibility Regulations (Section 5):

<https://usaclub.rugby/resources/>

## **Summary: Club Sevens Eligibility Regulations.**

### **Club.**

Must have a registered Level 1 or higher coach with current USA Rugby accreditations.

Clubs must use CMS at all Qualifying events for player registration/participation verification.

### **Club Sevens Roster Guidelines.**

Maximum Event Roster: 13 players per Event (can list 13 players/game roster).

Minimum Event Roster: 9 players per Event.

Game Substitutions: Maximum of five player interchanges.

### **Non-USA Citizens.**

Maximum Event Roster limit: Two players. Three if one is a Green Card holder or has been registered with that club for the most previous three years (requires verification from senior club eligibility committee).

### **Professional Players.**

Maximum Event Roster limit: Two players. Three if at least one has been registered with the club for at least the most previous three years (requires verification from the senior club eligibility committee).

Criteria for the three-year membership (citizenship, professional) exemption: player must have been registered to the club for at least the:

2022-23 membership season, and the

2023-24 membership season, and the

2024-25 membership season.

Note: 2025-26 membership is the current season and will not be used for this waiver.

### **Player.**

Must be registered to the club before July 2, 2026.

Transfers: must complete transfer in time to be registered to the new club before July 2, 2026.

Players from overseas must:

be residing in the United States before July 2, 2026.  
have an approved International Clearance (see Regulation 2.5-(a)).  
Must play in at least two Qualifying events (must be verified by CMS records).  
Must have their profile setting in RX set to public.  
Must not have played in a Qualifying tournament, with any other club, during the current sevens competitive season

**Basic Waiver Categories: Regulation 7.5.2. (submit requests to [eligibility@usaclub.rugby](mailto:eligibility@usaclub.rugby)).**

All requests must include a personal statement and include specified documentation.

- >Missed Event Participation Requirement due to Medical or Personal Hardship.
- >Missed Event Participation due to High-Level Rugby Commitment.
- >Professional Rugby Player Status.
- >Name Withheld Exemption.

**NCS Player Documentation (Sevens).**

Players unable to provide appropriate documentation verifying their citizenship status will be deemed a non-Citizen.

Documents must be the original or a clean/legible copy.

**1. Identification.**

Government-issued photo identification (driver's license, passport) or an official school-issued ID for students.

**2. Proof of USA Citizenship.**

Photo page of USA Passport, USA Passport Card, or Enhanced Driver's License (only from Michigan, Minnesota, New York, Vermont, Washington).

Government-issued or official school-issued photo ID accompanied by a birth certificate from a U.S. state or territory.

Naturalization Certificate accompanied by a Government or school-issued photo ID.

Native American Tribal Identification Card.

NOTE: USA Passport may be used for both Identification and proof of USA Citizenship.

**Complete Senior Club Eligibility Regulations: <https://usaclub.rugby/resources/>**