



## 7s National Championship Structure & Scheduling Proposal (2026–2028)

Prepared by 7s Committee 2025

### 1. Executive Summary

This proposal outlines the structure and scheduling plan for the USA Club Rugby 7s National Championships from 2026 through 2028. It includes fixed annual dates for the Championships, outlines the current qualifying pathway through Geographic and/or Territorial Regions, and defines requirements for SR MOUs. The intent is to establish a consistent and transparent competition framework to improve planning, equity, and competitive integrity across all divisions.

### 2. Background

Lack of clarity around National Championship scheduling has created logistical challenges for participating clubs and organizing bodies. This proposal addresses that by setting firm dates well in advance and establishing guardrails for upstream scheduling.

### 3. National Championship Date Recommendations

The USA Club Rugby National Championships should be held annually on the 2nd weekend of August, potentially utilizing Friday, Saturday, and Sunday. RugbyTown remains 2 weeks after the below proposed dates. Regional Qualification must conclude at least two weeks before the National Championship weekend:

Season	Friday	Saturday	Sunday
2026 Championship	August 8, 2026	August 9, 2026	August 10, 2026
2027 Championship	August 7, 2027	August 8, 2027	August 9, 2027
2028 Championship	August 12, 2028	August 13, 2028	August 14, 2028



#### 4. Competitive Regions

The USA Club Rugby 7s National Championship recognizes competition in the following regions:

- Pacific Northwest
- Pacific Southwest/SoCal
- Rocky Mountain/Frontier
- Texas/Red River
- Midwest
- MidAtlantic
- NorthEast
- South

#### Competitive Regions

The Nine Regional competitions have been organized to group Unions together in such a way that travel is reasonable and that combined memberships are roughly represented of the total competitive membership.

<b>Pacific Northwest</b>	<b>NorthEast</b>
<a href="#">Pacific Northwest Rugby Football Union (PNRFU)</a>	<a href="#">New England Rugby Football Union (NERFU)</a>
<a href="#">Northern California Rugby Football Union (NorCal)</a>	<a href="#">Empire Geographic Union (EGU)</a>
<b>Southern California</b>	<b>MidAtlantic</b>
<a href="#">Southern California Rugby Football Union (SoCal)</a>	<a href="#">Capital Rugby Union (CRU)</a>
<a href="#">Southwest Rugby Union (SWRU)</a>	<a href="#">Eastern Pennsylvania Rugby Union (EPRU)</a>
<b>Texas/Red River</b>	<b>MidWest</b>
<a href="#">Texas Rugby Union (TRU)</a>	<a href="#">Midwest Rugby Union (MRU)</a>
<b>Rocky Mountain/Frontier</b>	<b>South</b>
<a href="#">Rocky Mountain Rugby Union (RMRU)</a>	<a href="#">Florida Rugby Union (FRU)</a>
<a href="#">Mid-America Rugby Union (MARU)</a>	<a href="#">True South Rugby Football Union (TSRFU)</a>
	<a href="#">Georgia Rugby Union (GRU)</a>
	<a href="#">Carolinas Geographic Rugby Union (CGRU)</a>



## 5. Qualification Structure

USA Club Rugby's competitive pathway to Nationals follows:

1. Eight\* Competitive Regional Winners
2. Eight\* at-large bids based on:
  - Competitive Schedule
  - Competitive Score Lines
  - Historical Performance
  - Intent to Compete

### Regional Competitions

Each region should follow the same qualification pathway culminating in a national title match during the Championship weekend. Some leeway will be given to how each region structures their competition. The results of these competitions will determine their entry to the National Championship. Representative(s) must have earned their entry on a competitive basis and must meet the qualifications set forth in the USA Club Rugby Eligibility Regulations.

It is the expectation that each Competitive Region will have a qualified team for each of the Men's & Women's competitions.

For both Men and Women, the USA Club Rugby Competitions Committee will be responsible for determining the appropriate teams for the National Championships.

## 6. Scheduling Recommendation

### Timing Guidelines:

- Regional Qualification must conclude at least two weeks before the National Championship weekend.



## 7. Regional Coordination Requirements

Each Competitive Region must have a Memorandum of Understanding (MOU) in place prior to the start of the competition year. The MOU must include:

- Confirmed qualification dates
- Hosting plan and backup options
- Financial/logistical responsibilities of the participating unions
- Confirmation of competitions - Men's & Women's
- Process for resolving conflict of agreements
- Process for determining resolution of incoming/vacated teams

## 8. Implementation Timeline

Milestone	Deadline
Dates Submitted	June 1, 2025
National Championship Host Secured	December 1, 2025
MOU's Finalized	